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# Southwest Indian Cookbook



## Synopsis

This richly descriptive book includes recipes and folklore about the preparation of food by Southwest Indians. A bestselling favorite, which delights the palate and the eye, this cookbook ventures beyond mere recipes into the hearts and souls of the Pueblo and Navajo Indians. In these native cultures, the growth of food and its preparation are intimately tied to religious ceremony. The forty-four full-color photographs depict rituals, dances and ceremonies connected with the planting and gathering of crops, together with scenes of home life showing preparation of food.

Accompanying text is drawn from quotations of the author's Pueblo and Navajo friends, illuminating the beliefs and rituals that are inseparable from daily life.

## Book Information

Paperback: 120 pages

Publisher: Clear Light Pub; Revised edition (September 1, 1987)

Language: English

ISBN-10: 0940666030

ISBN-13: 978-0940666030

Product Dimensions: 5.9 x 9 x 0.4 inches

Shipping Weight: 9.1 ounces

Average Customer Review: 4.7 out of 5 stars 11 customer reviews

Best Sellers Rank: #763,633 in Books (See Top 100 in Books) #42 in [Books > Cookbooks, Food & Wine > Regional & International > Native American](#) #178 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Southwest](#) #252 in [Books > Cookbooks, Food & Wine > Asian Cooking > Indian](#)

## Customer Reviews

Striking color photographs and an informative and beguiling text and recipes on the food and folklore . . . a loving and poetic presentation of both the cuisines and the people behind them. (New York Times) --New York Times An amazing mix of history, folklore, photography and recipes from the American Southwest . . . The recipes are direct and easy. An excellent addition to any cook's library. (New England Review of Books) --New England Review of Books This book combines recipes and text with sensitive color photographs. The photo book is a gourmet treat for jaded appetites. (Associated Press) --Associated Press

Love the little snippets of information it provides. I am not one to be swayed by pretty illustrations.

The true test will be when I try some of the recipes. But other than that has some great information in it.

I ordered this cook book as a gift for a friend. I looked at the book, and I liked it. She really appreciated it, as it had history and customs of her culture. The pictures brought back a lot of memories for her. I thought the recipes looked delicious. I hope she prepares some to share with friends! I know she will make some for her family.

Long before I ever ventured into the Southwest (I did, eventually, to live & work), I brought this little cookbook home to add to my collection. Over the years I cooked it ragged, then loaned it to a friend. It has never come home, so I am absolutely delighted to find a replacement. This book is full of gorgeous photos and easy, tasty recipes for authentic Southwestern foods. You'll find good food and enjoyment here for years to come.

I was looking for some specific recipes and found them. Even if you never used this book, it's a wonderful read and the photos are special.

I absolutely love this cookbook. Just about a month ago. It is now a favorite. Great recipes. If you like New Mexican food and chile I recommend this cookbook.

I highly suggest this book. It has some great recipes you should try out.

Recipes are simply laid out and intertwined with culture and history of the food. A beautiful book. A friend of mine wanted one after seeing mine. And she is an outstanding cook of Mexican heritage.

This is a neat little cookbook that allows me to expand my southwest cooking to more than just the expected "Mexican cooking" everybody expects when they think of the great Southwest. The book also includes some interesting historical notes.

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